

Inn From The Cold



Inn From The Cold
Annual Report 2016

Shelter, Dignity, and
Safety for everyone in
York Region.

Inn From The
Cold celebrates 2016
and how we impacted
the people we served.



As programs continued, results happened and stories
like these were told. >>>

Mike

Excerpt from New Era Banner Article, Lisa Queen, Reporter | Metroland Media December 28th, 2016

"I've had a challenging life, most of it," he said. "Ninety percent of my life has been hardship."

Fortunately, life has improved dramatically for Theriault in the past eight months, thanks to Inn From the Cold and Newmarket restaurant Ground Burger Bar. After taking a job-readiness program at the Newmarket homeless shelter, Theriault was placed in an eight-week job program as a dishwasher at Ground Burger. Ongoing kindness and support became part of Theriault's life after owner Grant Buckley agreed to hire him full-time. The staff members, particularly executive chef Tim Pettigrew, took Theriault under their wing. He is now learning food preparation.

Pettigrew also looks out for him outside of work. In December, he organized buying a bed and bedding for Theriault, who has been sleeping on mattresses on the floor for many years.

"They've really just given him a chance and accepted him for who he is, and been there for him, not only as an employer, which is really unique to Ground Burger, they have brought him in as part of the family," Inn From the Cold employment co-ordinator Ashley Martin said. "He's never had a job where he's been happy. He's part of the team. He's part of every function they have. This may be the closest thing to family that he's ever had." Pettigrew calls Theriault a friend and a great worker.

"I think Mike has been through enough already in his life," Pettigrew said. "I don't think anyone should have to go through what he went through or continue to live the way he's living." "I have a very good life. I was brought up very well. I've had a lot of things given to me and afforded to me that most people (don't). The least I can do is help Mike, just to make sure Mike's comfortable and happy." Theriault said he feel like part of the Ground family.

"This is the best job I've had," he said.

Johnny & Teddy

Johnny and Teddy met in high school and were very good friends. Their lives went in different directions after high school.

Teddy has been homeless on and off since the age of 15, moving back and forth from Ontario to Alberta frequently, and eventually landing in Fort MacMurray. Last year's forest fires left him and his family with no other choice but to move back to Ontario.

Johnny also became homeless at an early age due to a breakdown in the home. He then turned to alcohol as a way to cope. He became suicidal and felt he was trying to self-destruct. This behaviour eventually landed him in jail which he attributes to bringing about positive change in his life. Due to legal issues after being released from jail Johnny was forced to reside at IFTC Teddy, with no place to go, had also turned to IFTC. Here they found each other, and a sense of security which helped them stay focussed and on track. IFTC staff and volunteers connected them with the right people to help them make a change in their lives for the better.

Johnny and Teddy recently moved into an apartment which they are very proud of and are flourishing.

They say they have truly won the lottery with finding each other, IFTC and the resources available. "IFTC staff and volunteers are people who really genuinely care and want to see everyone succeed and better their lives."

"Don't give up because it gets better"

Johnny and Teddy



Mike (Left) with Tim (Right) at Ground Burger Bar

12 years

of service in our community

Inn From The Cold meets the needs of people who are homeless or at risk of becoming homeless. We work with the community and collaborate with our partners in supporting those with basic to complex needs in York Region.



CURRENT BOARD OF DIRECTORS / STAFF

Board of Directors:

- Wayne Ford, Chair
- Kelly Tomlinson, Treasurer
- Joan Shaw, Secretary
- Anne Young, Director
- Kenneth Hill, Director
- Peter Sturrup, Director
- Darcy McNeill, Director

Staff:

- Ann Watson, Executive Director
- Brice Maquet, Shelter Manager
- Martha Berry, Admin/Volunteer Coordinator
- Ashley Martin, Program Coordinator
- Rebecca Thickett, Marketing & Sponsorship

- Shelter Staff:** Amanda Terry, Robin Smith, Merna Jones, Sandra Nagy, Jameson Linderman, Marina Byun, Erick Lusink, Judith Kallaghe

We also thank staff, volunteers, placement students and board members active in 2016.



Seed Planting Workshop (Drop In Event)

WE CELEBRATE YOUR SUPPORT, AND THE POWER IT HAD...

From the Board Chair

Homelessness is a reality in York Region. The Inn From The Cold (IFTC) operates a homeless shelter from mid-November until approximately the middle of April. We have almost three hundred hard-working volunteers who donated 6376 hours to help the homeless. They provided 3758 shelter stays, prepared over 10,000 meals, provided laundry service, shower facilities, bus tickets, clothing, and computer services for employment and housing searches. Even though we secured housing for thirty-four of our guests this year, we experienced a 44.5% increase in shelter stays. The need keeps increasing.

The IFTC works with; the Canadian Mental Health Association (CMHA), LOFT - Crosslinks, York Region Homelessness Outreach, the Krasman Centre, alcohol and drug addiction organizations, the bail program, and many other agencies to provide assistance to those who seek shelter with us. To eliminate homelessness, IFTC needs the assistance of everyone in York Region. Assistance can take many forms such as volunteering time or making donations to financially support our operations. Any assistance you can provide, whether large or small is appreciated. To inquire about how you can help please call 905-895-8889 Extension 221.

Wayne Ford, Chair, Board of Directors

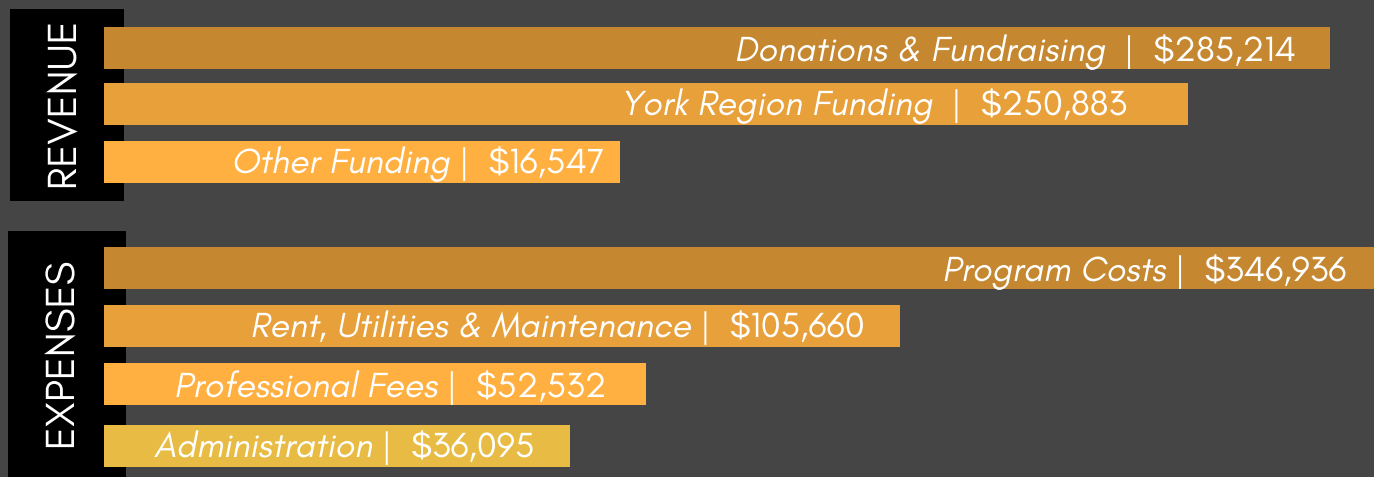
From the Executive Director

I joined Inn from the Cold (IFTC) as Executive Director towards the end of 2016. From day one I have been impressed with the dedication of volunteers, staff, and the board of directors. Their commitment to providing the best possible care to those experiencing homelessness in our community is exemplary. The shelter ended its 2016 fiscal year on December 31, 2016, and thanks to our sponsors and donors, we were able to provide shelter and support services to the Region's most vulnerable.

Highlights from 2016 include an unprecedented increase in the number of homeless individuals seeking shelter at IFTC. IFTC rose to the challenge and accommodated this increase, with some tremendous results - most notably 34 individuals found permanent housing. The Employment Program also saw remarkable outcomes with participants gaining skills, contacts, and volunteer and employment opportunities that have opened new doors for them. The Friday Community Meal, known for its delicious food, friendship, and opportunities for support remains a pillar of our programming. 2017 will see changes at IFTC with many positive outcomes for those who seek shelter here. All of this is possible thanks to the support of our members, donors, York Region and the community. We thank you for your support!

Ann Watson, Executive Director

The 2016 Financials





Served **5720** community meals



Open to guests for **147** nights during the winter



Provided **3758** stays at the shelter



Distributed **655** articles of clothing



Increased capacity to **36** beds

This is the story of what **IFTC** accomplished in 2016



Drop In **2 days/week** served **585** people



Community members volunteered **6376** hours



Prepared **11745** meals for people in need

In 2016 IFTC spent some time considering our mission, vision and value statements seeking to make them more relevant to the work that the Inn does. An environmental scan and peer review was conducted by the Goldie Group and a dedicated group of full and part-

time staff, management, board members and volunteers met to craft new statements that more accurately reflected the work we do and why and how we do it.

for everyone in York Region.

The new statements are:

Values: Inn from the Cold works with people in a respectful, dignified, non-judgmental manner to provide them a safe and positive environment.

Mission: Inn From the Cold meets the needs of people who are homeless or at risk of becoming homeless. We work with the community and collaborate with our partners in supporting those with basic to complex needs in York Region.

In early 2017, we began our strategic planning process. Our strategic plan will be a road map for the next 5 years, helping to guide us on our path to developing and delivering programming to the homeless in York Region that reflects both needs and best practices.

Vision: Shelter, Dignity, and Safety



Funded in part by The Regional Municipality of York



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WE THANK YOU!